

## Delight yourself in the Lord

Ps. 37 was composed by David after spending much of his life in the presence of the Lord (v.25). A man of God's own heart gives us God's anecdote challenging us to focus from fretting on the evildoers to delight in the Lord. He had seen the wicked thrive and the righteous suffer. He still could speak of safety for the righteous because he chose to focus on God and His goodness. Though the reasons behind life's tragedies often remain a mystery, the Psalmist by faith, could assert that God wouldn't abandon His people.

To take delight in something means to get great pleasure or make merry over. People make delight in various things: travelling, camping, shopping, video games, parties and so on. Those bring temporary pleasures in life but not sufficient to overcome the inner struggle. Charles Finney, writes, "delight in God implies that He is chosen as the supreme good of the soul. It is setting our supreme affection on Him and choosing Him as our all- satisfying portion. It is making Him the great center in which the affections and sympathy of our soul delight to rest".

Delight in God implies universal submission of our will to His will. Jesus, the Son of God desired to do the will of the Father, I delight to do your will O God, It's my food to do the will of Him that sent me (Heb. 10:7; Jn 4:34).

As children of God we are to focus on God in all spheres of life. Our priority in relationship determines our delight on life.

- Delight in worshipping God. Our convenience shouldn't be the means of worship. Language, culture, building, music are not the primary factors in true worship, but the love of God poured out in our hearts by the Holy Spirit. The unique relationship with God through Christ enables us to get engaged in praise and worship
- Delight in serving others. It includes spirit-anointed witness and service. We find the radical changes in the early Christian community when they voluntarily shared with each other. The Spirit re-arranges our relationships, and our attachments (Acts 2:44-45).
- Delight in the Word of God. The blessed man delights in the Law of the Lord, and he meditates it day and night (Ps. 1:2). Delight in social media by the present generation turns their ears away from the truth and turn aside to myths (2Tim. 4:4). Let us be enriched with the precious hope in Christ.

God bless you.

In His glorious service,

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## True Delight

Pr. Moncy Varughese

Psalm 37:4 says, "Delight yourself also in the LORD and He shall give you the desires of your heart. Taking delight in the Lord means that our hearts truly find peace and fulfillment in Him. If we truly find satisfaction and worth in Christ, Scripture says He will give us the longings of our hearts. This means, when we truly rejoice or "delight" in the eternal things of God, our desires will begin to parallel His and we will never go unfulfilled.

Now arises the question; Do we need to be in a favorable and comfortable situation to take delight in the Lord? how can we delight in the Lord? Answers for these can be found from the life of King David himself, whom had gone through the worse of worse life situations and still singing and urging us to take joy in our Lord by faith.

### Delight in the excellencies of the Lord our God

We are all bent to admire our heroes. Whether it's an athlete, musician or entertainer, we enjoy following their accomplishments. But God created us with the longing to admire all the wonders of who He is and His excellent greatness.

### Delight in The Lord's presence

The Lord wants us to incline our hearts toward Him — to lean in to Christ where we will discover unspeakable joy. James 4:8 promises, "Draw near to God and He will draw near to you." The Creator of heaven and earth is more than willing to draw near to us if we would but lean into His presence through prayer, meditation on Scripture and hearing Him speak to you through His Word.

### Delight in God's mercy and compassion

God's abundant mercy is something we can never fully comprehend. Because He is merciful, we can stand before Him whiter than snow under the cleansing blood of Christ. Today, we experience the privilege of being a child of God is only because the compassion and mercy shown towards the mankind by sacrificing His son Jesus Christ on the cross of Calvary.

### Delight in God's help

As it is said in Psalm 23 that even when we walk through the valley of shadow of death, He is with me is an assurance about His ever-present help and trustworthiness no one can match in this world. In whom else can we take delight when we have such a blessed assurance.

We can "D-E-L-I-G-H-T ourselves in the Lord" when we understand that doing good is always the right choice. God's love is amazing and never fails, and eternal life is a guarantee that is sealed on the day we believed in what Jesus did on the cross for each one of us. In good times and in bad we can count on the fact that God is our strength, He won't let us fall and we can trust Him to deliver upon every promise that He ever makes.